## DHARAMSALA, INDIA

Perched in the misty highlands beneath the Himalayas, Dharamsala is a market town, lush farmland, and spiritual retreat all in one. The area is influenced by Tibetan Buddhism; the Dalai Lama resides in the next town over. In contrast to the bustle and crowds of most Indian cities, Dharamsala serves as a serene retreat where fellows can meditate, practice yoga, and make a difference in the community while exploring northern India.







### WHERE YOU'LL BE

Dharamsala is located at the base of the Himalayas in northern India. It is a Buddhist spiritual center and home to the Dalai Lama and the Tibetan government-in-exile. Dense coniferous trees and low-lying clouds add to the serenity and ambience.

The volunteer house is surrounded by fields and farmland. Wake up to the sun rising over the Himalayas, a cacophony of animal noises, Indian music playing in the background, and a hot glass of chai tea.

### LIFE IN DHARAMSALA

As soon as you land in New Delhi, your host Varun will meet you at the airport and take you on a 10-hour bus ride to Dharamsala.

You will live in a volunteer house in a shared a room with two to three other volunteers. Breakfast, lunch, and dinner will be provided every day — all vegetarian.

All fellows will volunteer at two projects — one in the morning and one in the afternoon. Varun and his team will provide transportation to and from your projects.

### **VOLUNTEER PROJECTS**

Teach English
Child Care
Youth Development
Women's Empowerment
Teach Computer Skills
Construction / Renovation



### **FUN FACT**

The Dalai Lama lives in McLeod Ganj, a suburb of Dharamsala known as "Little Lhasa." He gives public teachings at his temple throughout the year.

#### **COUNTRY SPECS**

Language Currency Geography Population Avg. Temp (Oct) National Food National Sport Hindi Rupee (IND) Mountains 53,000 74°F / 50°F Curry Field Hockey

#### **DETAILS**

Airport Airfare Visa Housing Meals Personal Expenses New Delhi (DEL) \$800-1,100 Tourist, \$120 Volunteer House 3 meals every day \$500-600

# MÉRIDA, MEXICO

Mérida is not only the starting point of a series of journeys into Yucatán and its archaeological treasures, but a thriving town with plenty of good eats, bustling markets, music, dance, peaceful streets, and parks. Mérida offers a small, safe community setting with a wide range of volunteer projects available. This location is great for fellows who already know some Spanish and those who are looking to improve their language ability.







### WHERE YOU'LL BE

Mérida is the capital and largest city in the Mexican state of Yucatán. It is bright, vibrant, clean, and safe, and the city is known for its colonial architecture and colorful culture. Mérida is also rich in Mayan heritage and is home to many of Mexico's indigenous populations.

The hostel is located in the city center, only a few blocks from the Plaza Grande. Just a short bus ride away is the beach and Mayan ruins of Chichén Itzá.

### LIFE IN MÉRIDA

As soon as you land in Mérida, your hosts Martina and Leo will meet you at the airport and drive you 20 minutes to the city center.

You will live in a hostel in a shared a room with up to three other volunteers. Breakfast and lunch will be provided every day.

All fellows will volunteer at one project either in the morning or afternoon. You will walk, take a bus, or ride in a local combi to and from your project.

### **VOLUNTEER PROJECTS**

Teach English Care for Disabled Children or Adults **Environmental Protection** Construction / Renovation NGO: Food Bank **Business Development** 



### **FUN FACT**

Mérida is known as "The White City" — once for the color of paint they used on the buildings, and now for the pristine condition of the city.

#### **COUNTRY SPECS**

Language Currency Geography Population Avg. Temp (Oct) **National Food National Sport** 

Spanish Peso (MXN) **Tropical** 900.000 91°F / 71°F Mole Poblano Charrería (Rodeo)

#### **DETAILS**

## BALI, INDONESIA

Bali is a tropical island paradise with white sand beaches, rice paddies, coral reefs, lush jungle, and volcanic mountains. Fellows will stay in a small remote fishing village where they will interact with the local community and culture daily in their volunteer activities. In their free time, fellows can make the most of the warm weather, friendly locals, and laid-back lifestyle by exploring ancient temples, taking a yoga class, or hiking waterfalls.







### WHERE YOU'LL BE

Bali is one of thousands of volcanic islands that make up the country of Indonesia. Its natural landscape of mountains, jungle, and beach have given it the nickname "Island of the Gods." Most Balinese are Hindu and there are plenty of festivals to participate in and temples to visit. The biggest industries on the island are tourism and agriculture.

The volunteer house and projects are located in the same area — all just a few steps from the ocean.

### LIFE IN BALI

As soon as you land in Denpasar, your host Ketut will meet you at the airport and take you to Ubud for orientation.

You'll head to the village of Tianyar where you will live in a volunteer house and share a double room. Breakfast, lunch, and dinner will be provided Monday to Thursday.

All fellows will teach English from Monday to Thursday, with the option to lead supplementary classes in arts, sports, etc.

### **VOLUNTEER PROJECTS**

Teach English
Teach Computer Skills
Music and Dance
Arts and Crafts
Sports



### **FUN FACT**

The world's most expensive coffee comes from Bali. It is made from beans digested by the civet cat and can cost as much as US\$50 a cup!

#### **COUNTRY SPECS**

Language Currency Geography Population Avg. Temp (Oct) National Food National Sport Balinese Rupiah (IDR) Island 30,000 89°F / 74°F Lawar Badminton

#### **DETAILS**

Airport Airfare Visa Housing Meals Personal Expenses Denpasar (DPS) \$700-1,000 Social/Cultural, \$110 Volunteer House 3 meals, Mon-Thurs \$600-700

## HUANCHACO, PERU

Huanchaco is a quaint and relaxed beach town on the coast of northern Peru with a history dating back to the original civilizations of Peru. Once the home to indigenous fishermen, it is now a World Surfing Reserve known for its traditional reed fishing boats, long calm waves for surfing, and ceviche. The surrounding area is still in need of much development and fellows can assist in a variety of volunteer projects.







### WHERE YOU'LL BE

Huanchaco refers to both the District of Huanchaco and its capital Huanchaco town. Life here is easy-going as locals spend their time fishing, surfing, and enjoying the ocean escape from the warm, desert climate.

The beach is a short 5-minute walk from the hostel where you'll find the shores lined with traditional reed fishing boats and sweet, icy cold snacks to quench your thirst.

### LIFE IN HUANCHACO

As soon as you land in Huanchaco, your host Jenny will meet you at the airport and drive you 10 minutes to the town center.

You will live in a hostel and share a double room. Breakfast, lunch, and dinner will be provided on weekdays.

All fellows will volunteer at one or two projects depending on the schedule. You will walk, take a bus, or ride in a local *combi* to and from your projects.

### **VOLUNTEER PROJECTS**

Teach English
Care for Disabled Children
Youth Development
Women's Empowerment
Environmental Protection and Education
Teach Music



### **FUN FACT**

Huanchaco claims to be home to the earliest known surfing craft, as well as ceviche — the seafood dish that has spread around the world.

#### **COUNTRY SPECS**

Language Currency Geography Population Avg. Temp (Oct) National Food National Sport Spanish Sol (PEN) Coastal Desert 15,000 82°F / 70°F Ceviche Fútbol (Soccer)

#### **DETAILS**

Airport Airfare Visa Housing Meals

are asing als

Personal

Trujillo (TR

None Hostel

3 meals on weekdays

## MOSHI, TANZANIA

Sitting in the shadow of Africa's tallest mountain, Mount Kilimanjaro, Moshi is a small, clean, and vibrant market town. Tanzania's natural beauty is easily accessible from Moshi, and fellows can go on safaris, visit nearby national parks, go mountain climbing, or check out the local hot springs and waterfalls. The city itself is low-key and provides a safe environment to volunteer with locals from the Maasai and Chagga tribes.







### WHERE YOU'LL BE

Moshi is situated on the lower slopes of Mount Kilimanjaro on the east coast of Africa. Surrounded by corn, bean, banana, and coffee farms, it is one of the cleanest cities in Tanzania. It is also the entry point for hikers climbing Kilimanjaro.

### LIFE IN MOSHI

As soon as you land in Kilimanjaro, your host Louis will meet you at the airport and drive you 45 minutes to Moshi.

You will live in a volunteer house in a shared a room with one to three other volunteers. Breakfast, lunch, and dinner will be provided every day.

All fellows will volunteer at one project — either in the morning or afternoon. You will take a bus or taxi to and from your project.

### **VOLUNTEER PROJECTS**

Teach English
Daycare Centers
Care for Disabled Children
Youth Development
Environmental Conservation
Hospitals and Healthcare Centers
Teach Computer Skills



#### **FUN FACT**

Kilimanjaro is the highest mountain in Africa and the tallest free-standing mountain in the world. More than 20,000 people climb it every year.

#### **COUNTRY SPECS**

Language Currency Geography Population Avg. Temp (Oct) National Food National Sport Swahili Shilling (TZS) Grasslands 184,000 85°F / 61°F Ugali Football (Soccer)

#### **DETAILS**

Airport Airfare Visa Housing Meals Personal Expenses Kilimanjaro (JRO) \$1,200-1,600 Business, \$300 Volunteer House 3 meals every day \$500-600